

Review of Community Services Board Child and Adolescent Services

Office of the Inspector General for
Mental Health, Mental Retardation, and
Substance Abuse Services

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www.oig.virginia.gov

OIG Responsibilities

- OIG established in Va. Code to inspect, monitor and review the quality of services in:
 - State MH and MR facilities operated by DMHMRAS
 - Licensed public and private community services (added 2001)
 - Licensed MH treatment units in Dept. of Corrections facilities (added 2001)

Issues/Questions Leading to Study of Child Services

- Critical service area for children, families and communities
- Shortage of community-based services
- High reliance on costly out of community residential services
- Strong focus of General Assembly, Executive branch, local government, CSBs

Reasons for Studying Child Services (Contd.)

- Uneven availability of services among communities
- Variations in effectiveness of interagency coordination
- Families express needs, identify gaps
- Many requests to OIG

Input to OIG Child and Adolescent Services Review

- Secretary of Health and Human Resources and staff
- Senate and House staff
- Commission on Youth staff
- JLARC staff
- DMHMRSAS leadership and Children's services staff
- Office of Comprehensive Services staff

Input to OIG Child and Adolescent Services Review (Contd.)

- Supreme Court Commission on Mental Health Law Reform – Child and Adolescent Task Force
- Virginia Association of Community Services Boards (VACSB)
- CSB children's services directors
- Families, interagency staff and other attendees at Systems of Care conference
- Local CSA and DSS directors
- Process of input is continuing

Major issues suggested by input:

- What are the needs?
- What services exist?
- What are the gaps?
- What makes the differences among communities and CSB service capacities?
- Why do some communities have extensive services and some very little?
- Why is there good coordination in some communities, less in others?

Overall Design of the Review

- Phase I (Nov – Dec 2007)
 - Extensive survey of services, structure, and issues at all 40 CSBs
- Phase II (Dec 2007 – Jan 2008)
 - Survey of community stakeholders in all communities (families, CSA, DSS, etc.)
- Phase III (Jan – Feb 2008)
 - Site visits to sample of communities

Phase 1: Survey of CSBs

(November – December 2007)

- Data received, now being analyzed
- Services available
- Services not available, but needed
- Services available, but less capacity than needed
- Service structure
 - Distinct child unit? Clear leadership? Priority?
 - Integrated MH/MR/MR? Child and Family?

Phase 1: Survey of CSBs (Contd.)

- Budget and types of funding used for child and adolescent services; total staffing
- Numbers of children served.
- Provision of Evidence Based Practices?
- What has helped CSBs develop services?
- What has hindered development?
- What should Virginia do at the state level to strengthen services?

Phase I: Survey of CSBs (Contd.)

- Similar review for MH, MR, SA services
- Child psychiatry – availability and needs?
- CSBs and CSA at the local level
 - Representation and time required
 - CSA use of CSB services/private providers
- CSB child staff education
- Service/Need matrix – visual display
 - for each community
 - for the state overall

Phase II: Survey of community stakeholders in all communities

(December 2007 – January 2008)

- Web-based survey – email invitation
- Invitations to all local and state CSA partners and stakeholders, family groups
- Requests views of needs, gaps, priorities
- Assesses role, strengths, weaknesses of CSBs, CSA processes
- Identifies key services gaps that result in out-of-community residential placements

Phase III: Community Visits

(January – February 2008)

- Selection of a representative sample of CSB communities
 - Extensive/less extensive service arrays
 - Urban/rural communities
 - At least 20 communities
- Interviews with CSB and community CSA leadership
- Interviews with CSB children's services staff
- Record reviews of CSB children's services
- Input from families using/needing services

Completion and Publication of Report

- Anticipated by March 31, 2008
- Findings and recommendations
- Report to Governor and General Assembly
- Posted on OIG web site (www.oig.virginia.gov)
- Typical presentations
 - Behavioral Health Subcommittee of the Joint Commission on Health Care
 - Virginia Association of Community Services Boards (May 2008)
- Presentations as invited (e.g., Commission on Youth, CSA, state agency boards and leadership, interest and advocacy groups, local agencies and committees, conferences, etc.)